



2020 FLASH JR Course Catalog

Entering Grades 2-4

Courses listed in alphabetical order



ART EXPLORATIONS!

Live in color! Calling all 2nd-4th graders! Come explore and discover art techniques using fun materials and methods. You will be guided through explorations in printmaking, weaving, painting, sculpting, and more! Get ready to get messy and have fun! Some sneak peeks - we will be making a SOCK DOUGHNUT, using shaving cream to print, and painting without a paintbrush; your toes might even get involved!! What?! Don't miss out! Come join the fun!

Materials Needed: *White drawing paper (not computer paper), Colored construction paper (available on Amazon), Pencils, Erasers, Scissors, Glue, Masking tape, Crayons and/or Colored Pencils, Black Sharpie, Paintbrushes (multiple sizes), Tempera Paint (red, yellow, blue, black, white: feel free to get other colors). Collection of recycled materials such as cardboard, toilet paper rolls, paper bags, and newspapers. Household items such as paper plates, paper cup, shaving cream. Colored chalk, old t-shirt that can be used for a project (or fabric), 2 high socks, and Yarn*

Optional: *Watercolor paint, Pillow stuffing*

BEGINNER BAND **For Rising 4th Graders Only**

Students will be able to continue playing their instruments in a virtual format this year! They will learn new skills and be exposed to fun, new music. *No experience required!*

Materials Needed: Instrument, method book (Accent on Achievement), Device with Internet Access - all other materials will be provided digitally



**Summit Schools and FLASH have a strong relationship with Elefante Music in New Providence. They are open! More Information regarding musical instrument rentals will be available soon on summitflash.com.*

BEGINNER ORCHESTRA **For Rising 4th Graders Only**

Beginning Strings Lessons (Beginner Orchestra): For students interested in learning to play the Violin, Viola, Cello, or Bass for the very first time, no experience required! Incoming 4th graders, come get a head start on next year! For older students, see what it might be like to switch instruments, or learn a second one! We will be using a mix of Google Classroom, FlipGrid, and Google Meet, among other programs. Must be able to rent a properly sized instrument from a private music store before the beginning of FLASH. Open to students entering grades 4 and up.

Materials Needed: Properly Sized Instrument Outfit (e.g. 1/2 Violin, 12" Viola, 1/4 Cello, 1/8 Bass, etc.) including: Instrument, Case, Bow, and Rosin. If you do not already have an instrument, DO NOT buy from eBay, Amazon, etc. as instrument quality is often unreliable and may affect performance. Private rental is STRONGLY encouraged, so you may return to the store if repairs are needed. New Directions for Strings Book 1 (For the appropriate instrument: Violin, Viola, Cello, or Double Bass A Position). Music Stand. Device w/ Internet access, webcam, and microphone. Optional: Extra set of strings for the appropriate instrument and size.

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BASKETBALL ACADEMY JR

We will teach the basic fundamentals of dribbling, ball handling, passing and shooting through video instruction, practicing skills with fun driveway activities and using the HomeCourt basketball app. This app offers online head-to-head competition for young athletes who are ready for bigger challenges.

Materials Needed: Basketball, HomeCourt App (www.homecourt.ai), and Sidewalk Chalk



CHEERLEADING ACADEMY JR

This program introduces the basics of cheerleading: motion, technique, jumps, voice projection, and dance! Learn sideline cheers that mirror those performed by a varsity cheer team. Each week, cheerleaders virtually practice and perform a new cheer.

Materials Needed: Device w/ Internet.

CREATIVE WRITING ADVENTURES

Let your imagination run wild! You will explore different forms of poetry, fractured fairy tales, mysteries, and fantasies while learning how to write your own. Experience what it is like to go through a miniature writing process and become the author and illustrator of your own unique work.



Materials Needed: Notebook, pen/pencil, drawing paper/supplies (e.g. crayons, colored pencils, markers, etc.)

EXPLORING THE ANIMAL KINGDOM

Do you love animals? This course will allow you to explore different types of animals and their habitats by reading about them and taking virtual field trips to different zoos. Deserts, jungles, and aquariums are all very different, but this is your chance to explore them and even make homemade projects to replicate the animals and their home environments!



Materials Needed: Device with Internet. Craft supplies such as construction paper, scissors, glue, and colored pencils.

FITNESS FRENZY

Complete a fun interactive fitness challenge each morning. Each student will learn a variety of locomotive skills and how the body moves while staying fit and healthy. It will be Fun Fun Fun!

Materials Needed: jump rope, basketball, tennis ball, plastic cups



IMAGINE THAT!

Imagine That! is a STEAM-based course that teaches students the Engineering Design Process. Students will be issued weekly challenges where they will have to design, build, test, and evaluate prototypes similar to the way an engineer would. This course teaches students to be creative, think outside of the box, persevere, and develop critical thinking and problem-solving skills.

Materials Needed: Spaghetti, Index cards, Large marshmallows, Small marshmallows, Masking Tape (any color or brand!), Plastic straws, Toothpicks, Dixie cups, Sour Patch Kids, Aluminum Foil, 50 pennies, and Pipe cleaners



KID LIT CREATIONS

Kid Lit Creations - Bring your favorite books to life in Kid Lit Creations! Borrowing from our favorite authors and illustrators, we will take ideas from our books and make them a reality. Create your own Eric Carle world, design a Narwhal and Jelly adventure, perform silly poems, and more!

Materials Needed: Device w/ Internet, plain paper, pencil, scissors, glue/tape, and crayons/colored pencils
Optional: Any additional crafting supplies such as construction paper, markers, yarn, feathers, etc.

LET IT GROW!

What makes a garden grow? We are surrounded by nature - animals, plants, water, and air. Let's take a closer look and see how our actions impact the environment by growing our own garden and learning about recycling, pollution, and climate change. Our goal is to grow some food that you and your family can enjoy this summer.



Materials List: Variety of seeds, soil, containers, and a small shovel.

LITTLE ALL-STARS SPORTS CAMP

This course is finally here!!! For years, students have asked, "Why isn't there a class where we can just play sports?!" Kids will learn how to play a variety of sports! This is a sure WINNER for any sports-lover!

Materials Needed: Device w/ Internet.



MUSIC MANIA

This is a multi-sensory music class where students can experience music by listening, feeling, and creating. Students in this class can play musical games, dance, sing songs, and even write their own compositions.

Materials Needed: Device w/ Internet access.



TRAVEL WITH ME! VIAJA CONMIGO!

Take a deep dive with me into four Spanish speaking countries. I'll be your tour guide, and you'll be my travel assistant. Each week, we will explore a new country and learn about their culture, interesting facts, food, and music.

Materials Needed: Device w/ Internet access.

